

BOARD POLICY 458

458 - Nutrition and Wellness Promotion

The School District of Fort Atkinson promotes healthy staff and students by supporting and promoting the integration for health of mind and body through good nutrition and physical activity as a part of the total learning environment.

- A. Supporting and promoting dietary habits which contribute to student health and academic performance.
- B. Providing opportunities for physical activity in school programs from Early Childhood through 12th Grade.
- C. Providing meals that meet or exceed federal and state standards.
- D. Collaborating with parents and the community to support and promote nutrition and lifelong wellness habits.
- E. Encouraging abstinence from the use of alcohol, tobacco, and other inappropriate drugs.
- F. Evaluating the effectiveness of the policy in promoting wellness and healthy eating and updating and revising the policy as needed.
- G. Supporting and promoting mental health awareness.

Legal Ref: Child Nutrition and Women, Infants and Children Reauthorization Act of 2004

Cross Ref: Physical Education

Food Service

Approved: May 24, 2006

Revised: December 18, 2008

Revised: June 21, 2012